

MULTI-SITE  
BEHAVIOR IN PREGNANCY STUDY  
(MS BIPS)  
INTERVIEW PACKET - POST LOSS  
(April 1, 1999)

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**Part 1**

1. Have you ever found yourself trying to make sense of the loss off your baby?

Would you say.....

- Never, ..... 1
- Rarely, ..... 2
- Sometimes, ..... 3
- Often, or..... 4
- Always?..... 5

2. Have you been able to make sense of the loss of your baby?

- NO ..... 0 (SKIP TO Q3)
- YES ..... 1

2A. How have you made sense of the loss of your baby?

3. How important is it for you to make sense of the loss of your baby?

Would you say.....

- Not at all important, ..... 1
- Just a little important, ..... 2
- Somewhat important, ..... 3
- Quite important, or ..... 4
- Extremely important? ..... 5

4. Some women who lose their babies have said they have felt cheated because of this loss. How much do you feel cheated because of the loss of your baby?

Would you say.....

- Not at all, ..... 1
- Just a little, ..... 2
- Somewhat, ..... 3
- Quite a bit, or ..... 4
- A great deal? ..... 5

5. How much do you feel the loss of your baby has affected your life at present?

Would you say.....

- |                       |   |
|-----------------------|---|
| Not at all, .....     | 1 |
| Just a little, .....  | 2 |
| Somewhat, .....       | 3 |
| Quite a bit, or ..... | 4 |
| A great deal? .....   | 5 |

**Part 2 SOCIAL NETWORKS IN PREGNANCY LOSS**

1. Have you ever helped another women who lost her baby deal with a problem related to the loss of her baby?

Would you say.....

- No, never, ..... 1
- Rarely, ..... 2
- Sometimes, ..... 3
- Often, or..... 4
- Always?..... 5

2. Have you ever been helped by another women who lost her baby in dealing with a problem related to the loss of your baby?

Would you say.....

- No, never, ..... 1
- Rarely, ..... 2
- Sometimes, ..... 3
- Often, or..... 4
- Always?..... 5

3. Are you currently, or have you ever been, involved in any pregnancy loss support groups?

- NO ..... 0 (SKIP TO Q4)
- YES ..... 1

3A. Please briefly explain your involvement and how often these groups meet.

4. Do you or have your ever belonged to any groups that are made up of only or primarily women who have lost their babies?

- NO ..... 0
- YES ..... 1

5. Some women who lose their babies deal with their loss by discussing their thoughts, feelings, and memories, while others would prefer not to discuss them at all. In general, how would you describe the amount of time that you spend discussing the loss of your baby?

Would you say.....

- |                     |   |
|---------------------|---|
| Never, .....        | 1 |
| Rarely, .....       | 2 |
| Sometimes, .....    | 3 |
| Frequently, or..... | 4 |
| Often?.....         | 5 |

6. Some women would like to speak more about the loss of their baby while others would like to speak less about it. How do you feel about the time you currently spend speaking about the loss of your baby?

Would you say.....

- |                  |   |
|------------------|---|
| Much less, ..... | 1 |
| Less, .....      | 2 |
| Same, .....      | 3 |
| More, or .....   | 4 |
| Much more, ..... | 5 |

**Part 3 PREGNANCY EFFECTS**

Has the loss of your baby had any effects on:

1. Your religious beliefs?

Would you say.....

- Not at all,..... 1 (SKIP TO Q2)
- A little bit, ..... 2
- Somewhat, ..... 3
- Quite a bit, or ..... 4
- A great deal? ..... 5

1A. What kind of effect did it have?

2. Your relations with other family members?

Would you say.....

- Not at all,..... 1 (SKIP TO Q3)
- A little bit, ..... 2
- Somewhat, ..... 3
- Quite a bit, or ..... 4
- A great deal? ..... 5

2A. What kind of effect did it have?

3. Your feelings of satisfaction with life?

- NOT AT ALL ..... 1 (SKIP TO Q4)
- A LITTLE BIT ..... 2
- SOMEWHAT ..... 3
- QUITE A BIT ..... 4
- A GREAT DEAL..... 5

3A. What kind of effect did it have?

4. Your physical health?

- NOT AT ALL ..... 1 (SKIP TO Q5)
- A LITTLE BIT ..... 2
- SOMEWHAT ..... 3
- QUITE A BIT ..... 4
- A GREAT DEAL..... 5

4A. What kind of effect did it have?

5. Your beliefs about what you could expect from life?

- NOT AT ALL ..... 1 (SKIP TO Q6)
- A LITTLE BIT ..... 2
- SOMEWHAT ..... 3
- QUITE A BIT ..... 4
- A GREAT DEAL..... 5

5A. What kind of effect did (or does) it have?

6. Your beliefs about the fairness of life in general?

- NOT AT ALL ..... 1 (SKIP TO Q7)
- A LITTLE BIT ..... 2
- SOMEWHAT ..... 3
- QUITE A BIT ..... 4
- A GREAT DEAL..... 5

6A. What kind of effect did it have?

7. Did the loss of your baby have an effect on any other aspect of your life we haven't mentioned?

- NO ..... 0 (SKIP TO Q8)
- YES ..... 1

7A. Would you please describe those aspects.

8. What have you learned about yourself as a result of the loss of your baby?



**Part 4**

Some women who lose their babies have told us that they have memories, thoughts, or mental pictures of their baby that keep coming back to them. We would like to ask you several questions about any thoughts and memories you may have about the loss of you baby.

1. Do memories, thoughts, or mental pictures of your baby come into your mind?

Would you say.....

- Never, ..... 1
- Rarely, ..... 2
- Sometimes, ..... 3
- Frequently, or..... 4
- Often?..... 5

2. Can you indicate approximately how often these memories, thoughts, or mental pictures occur?  
(Please be as specific as possible):

3. What kinds of memories, thoughts, or mental pictures do you have?

4. Please tell me how often do memories, thoughts, and mental pictures that have come into you mind about the loss of your baby make you feel:

| <b>Would you say.....</b>   | <b>Never</b> | <b>Rarely</b> | <b>Sometimes</b> | <b>Frequently</b> | <b>Always</b> |
|-----------------------------|--------------|---------------|------------------|-------------------|---------------|
| a. Sad?                     | 1            | 2             | 3                | 4                 | 5             |
| b. Upset or troubled?       | 1            | 2             | 3                | 4                 | 5             |
| c. Better?                  | 1            | 2             | 3                | 4                 | 5             |
| d. Worse?                   | 1            | 2             | 3                | 4                 | 5             |
| e. Happy?                   | 1            | 2             | 3                | 4                 | 5             |
| f. Frustrated or angry?     | 1            | 2             | 3                | 4                 | 5             |
| g. Confused or disoriented? | 1            | 2             | 3                | 4                 | 5             |
| h. Lonely or isolated?      | 1            | 2             | 3                | 4                 | 5             |

5. Have unpleasant memories, thoughts, or mental pictures of your baby ever come into your mind?

Would you say.....

- Never, ..... 1
- Rarely, ..... 2
- Sometimes, ..... 3
- Frequently, or..... 4
- Often?..... 5

6. What are the most unpleasant thoughts and memories you have had about the loss of your baby?

7. When you have unpleasant memories, thoughts, or mental pictures of your baby, what triggers them?

8. Have you ever tried to block out unpleasant memories, thoughts or mental pictures of your baby?

Would you say.....

- Never, ..... 1
- Rarely, ..... 2
- Sometimes, ..... 3
- Frequently, or..... 4
- Often?..... 5

9. If you could control how many unpleasant memories, thoughts or mental pictures you have of your baby, would you like to have:

Would you say.....

- A lot less unpleasant memories,..... 1
- Somewhat less unpleasant memories, ..... 2
- About the same,..... 3
- Somewhat more unpleasant memories, or... 4
- A lot more unpleasant memories?..... 5

10. If applicable, what do you do to avoid or block out unwanted thoughts and memories of your baby?  
That is, what specific things do you do to control your thoughts?

11. Are you able to block out unwanted thoughts and memories of the loss of your baby?

Would you say.....

- Never, ..... 1
- Rarely, ..... 2
- Sometimes, ..... 3
- Frequently, or..... 4
- Often?..... 5

12. Do you ever find that you cannot get memories, thoughts, and mental pictures of the loss of your baby out of your mind even though you want to?

Would you say.....

- Never, ..... 1
- Rarely, ..... 2
- Sometimes, ..... 3
- Frequently, or..... 4
- Often?..... 5

13. do you ever find that you have trouble doing other things because memories, thoughts, and mental pictures of your baby keep coming into your mind?

- NEVER ..... 1
- RARELY..... 2
- SOMETIMES..... 3
- FREQUENTLY..... 4
- OFTEN..... 5

14. When you think about the loss of your baby, how “real,” clear or vivid are the memories, thoughts, or mental pictures you have of your experience?

Would you say.....

- Not at all “real,” clear or vivid, ..... 1
- Just a little “real”, ..... 2
- Somewhat “real”, ..... 3
- Quite “real” , or..... 4
- Extremely “real”?..... 5

15. If you could change how “real,” clear or vivid your thoughts, memories, or mental pictures of the loss of your baby are, how clear would you like them to be?

Would you say.....

- Much less “real,” clear or vivid,..... 1
- Somewhat less “real”, ..... 2
- About the same, ..... 3
- Somewhat more “real”, or..... 4
- Much more “real”?..... 5

16. How absorbed or “caught up” do you get in thoughts or memories of your baby?

Would you say.....

- Not at all, ..... 1
- Just a little,..... 2
- Somewhat,..... 3
- Quite, or..... 4
- Extremely? ..... 5

17. Do loud noises, odors or other environmental factors ever remind you of your baby?

Would you say.....

- Never, ..... 1
- Rarely, ..... 2
- Sometimes, ..... 3
- Frequently, or..... 4
- Often?..... 5

18. Overall, how well would you say you are handling of dealing with memories, thoughts or mental pictures of your baby?

Would you say.....

- Very poorly, ..... 1
- Pretty poorly, ..... 2
- Somewhat poorly, ..... 3
- Somewhat well, ..... 4
- Pretty well, or ..... 5
- Very well? ..... 6