

MULTI-SITE  
BEHAVIOR IN PREGNANCY STUDY  
(MS BIPS)  
INTERVIEW PACKET - TIME 4  
(November 12, 1998)

PRIVILEGED COMMUNICATION - DO NOT DISTRIBUTE WITHOUT THE PERMISSION OF  
DR. C. DUNKEL-SCHETTER, (310) 206-8116, DUNKEL@PSYCH.UCLA.EDU

C. Sandman, Ph.D. (P.I.)  
Professor  
Dept. of Psychiatry & Human  
Behavior  
University of California, Irvine  
101 City Drive, South  
Orange, CA 92668

C. Hobel, M.D. (Co-P.I.)  
Professor of OB/GYN  
University of California, Los Angeles  
Director of Maternal-Fetal Medicine  
Dept. of Obstetrics & Gynecology  
Cedars-Sinai Medical Center  
8635 West Third Street  
Suite 160W  
Los Angeles, CA 90048

C. Dunkel-Schetter, Ph.D. (Co-P.I.)  
Professor  
Department of Psychology  
University of California, Los Angeles  
405 Hilgard Avenue  
Los Angeles, CA 90095

**PARTICIPANT NUMBER:**

--	--	--	--	--

5 0 0 0 0

7 1 1 1 1

2 2 2 2

3 3 3 3

4 4 4 4

5 5 5 5

6 6 6 6

7 7 7 7

8 8 8 8

9 9 9 9

**INTERVIEWER INITIALS:**

\_\_\_\_\_

**NEEDS REVIEW** **DATE OF INTERVIEW:**

<u>MONTH</u>		<u>DAY</u>		<u>YEAR</u>
0	0	0	0	1998
1	1	1	1	1999
	2	2	2	2000
	3	3	3	2001
	4		4	2002
	5		5	2003
	6		6	
	7		7	
	8		8	
	9		9	

**PREFACE****FIND RESPONDENT AND INTRODUCE SELF:**

Hi/ Hello, my name is (YOUR FIRST AND LAST NAME), and I am an Interviewer for the Multi-Site Behavior In Pregnancy Study that we are conducting here at Cedars-Sinai/UCI. We really appreciate your willingness to take the time to help us on this project. I will be interviewing you today. If you will come with me, we can move to a room where I can interview you in private.

**MOVE TO INTERVIEW ROOM.****IF PARTNER PRESENT:**

It is important that we talk to each woman in our study privately. I will bring her back here in about 60 minutes. Thank you.

**IF NECESSARY:**

I'm sorry but my instructions are that I cannot conduct the interview with anyone else present, not even a husband or partner. Thank you for your cooperation.

IF CHILDREN PRESENT, SEE IF ANOTHER RESEARCH ASSOCIATE OR STAFF MEMBER CAN ASSIST. IF NOT, MAKE THE BEST OF IT. INFANTS OKAY.

**ONCE SEATED:**

We are conducting a new project which will investigate the behaviors and experiences of women in pregnancy so that we can help women have better pregnancies and healthier babies. The interview today should take about 60 minutes, including a questionnaire packet that I would like you to fill out. I want to remind you that your answers today are completely voluntary and confidential.

The interview today concerns your daily activities, including your job if you are employed, your feelings about your pregnancy, the baby's father, and your personal beliefs. Let's get started.

TIME  
STARTED: \_\_\_\_\_:\_\_\_\_\_

## **QUESTIONNAIRE**

To start, we would like you to complete this questionnaire packet. (OPEN THE QUESTIONNAIRE TO THE GENERAL INSTRUCTIONS.) Before you begin, I'd like to go over the general instructions with you. (READ INSTRUCTIONS IN QUESTIONNAIRE PACKET TO HER). I will be here in case you need to ask me something.

This packet includes a number of different questionnaires. Please be sure to read the instructions for each separate section. Answer each question as quickly, but carefully, as possible; do not go back over your answers. Please remember that your responses are completely confidential. If at any time you have any questions, feel free to ask the Interviewer.

AFTERWARDS, CHECK FOR COMPLETENESS, THANK HER, AND RESUME INTERVIEW:

**PART 1 -- PREGNANCY ANXIETY**

The next set of questions is about your feelings and expectations about the labor and delivery and your baby.

Have you had any particular concerns or worries about your pregnancy or your baby since we last saw you?

NO ..... 0  
YES ..... 1

IF YES: Please describe them. (PROBE AND RECORD VERBATIUM)

Please indicate your feelings about each statement by choosing one of the following answers (HAND CARD D).

**CARD D**

NOT AT ALL .....	1
SOMEWHAT .....	2
MODERATELY .....	3
VERY MUCH.....	4

1. I am confident of having a normal childbirth.

Would you say...

not at all, ..... 1  
somewhat, ..... 2  
moderately, or ..... 3  
very much? ..... 4

2. I think my labor and delivery will go normally.

NOT AT ALL, ..... 1  
SOMEWHAT, ..... 2  
MODERATELY, OR ..... 3  
VERY MUCH? ..... 4

3. I am fearful regarding the health of my baby.

NOT AT ALL, ..... 1  
SOMEWHAT, ..... 2  
MODERATELY, OR ..... 3  
VERY MUCH? ..... 4

4. I am worried that the baby might not be normal.

NOT AT ALL, .....1  
 SOMEWHAT, .....2  
 MODERATELY, OR .....3  
 VERY MUCH? .....4

5. I am afraid that I will be harmed during delivery.

NOT AT ALL, .....1  
 SOMEWHAT, .....2  
 MODERATELY, OR .....3  
 VERY MUCH? .....4

Now I want to read a list of things about pregnancy and new babies that might concern you. Please tell me whether these things concern you, and if so how much, using the responses on this card. (HAND CARD E)

CARD E

NEVER.....	1
SOMETIMES.....	2
MOST OF THE TIME.....	3
ALMOST ALL OF THE TIME.....	4

6. I am concerned or worried about how the baby is growing and developing inside me.

Would you say...

never, ..... 1  
 sometimes, ..... 2  
 most of the time, or ..... 3  
 almost all of the time? ..... 4

7. I am concerned or worried about losing the baby.

NEVER, ..... 1  
 SOMETIMES, ..... 2  
 MOST OF THE TIME, OR ..... 3  
 ALMOST ALL OF THE TIME? ..... 4

8. I am concerned or worried about having a hard or difficult labor and delivery.

NEVER, ..... 1  
 SOMETIMES, ..... 2  
 MOST OF THE TIME, OR ..... 3  
 ALMOST ALL OF THE TIME? ..... 4

9. I am concerned or worried about taking care of a new baby.

- NEVER, ..... 1
- SOMETIMES, ..... 2
- MOST OF THE TIME, OR ..... 3
- ALMOST ALL OF THE TIME? ..... 4

10. I am concerned or worried about developing medical problems during the pregnancy.

- NEVER, ..... 1
- SOMETIMES, ..... 2
- MOST OF THE TIME, OR ..... 3
- ALMOST ALL OF THE TIME? ..... 4

## **PART 2 -- YOUR FEELINGS IN THE LAST WEEK**

The next set of questions ask you about your feelings and thoughts during the ***last 7 days***. You will be asked to indicate ***how often*** you felt or thought a certain way. Please use this card to respond. (HAND CARD G)

### CARD G

NEVER .....	1
ALMOST NEVER .....	2
SOMETIMES .....	3
OFTEN .....	4
ALMOST ALWAYS .....	5

### ***During the last 7 days...***

	<b>Neve r</b>	<b>Almos t never</b>	<b>Som e- time s</b>	<b>Ofte n</b>	<b>Almos t alway s</b>
1. How often have you been upset because of something that happened unexpectedly?	1	2	3	4	5
2. How often have you felt that you were able to control the important things in your life?	1	2	3	4	5
3. How often have you felt nervous and "stressed"?	1	2	3	4	5
4. How often have you dealt successfully with day-to-day problems and hassles?	1	2	3	4	5
5. How often have you felt that you were coping well or effectively handling the important changes that were occurring in your life?	1	2	3	4	5
6. How often have you felt confident about being able to handle your personal problems?	1	2	3	4	5
7. How often have you felt that things were going well?	1	2	3	4	5
8. How often have you found that you could not cope with all the things that you had to do?	1	2	3	4	5



***During the last 7 days...***

	<b>Neve r</b>	<b>Almos t never</b>	<b>Som e- time s</b>	<b>Ofte n</b>	<b>Almos t alway s</b>
9. How often have you been able to control irritations in your life?	1	2	3	4	5
10. How often have you felt that you were on top of things?	1	2	3	4	5
11. How often have you been angered because of things that happened that were outside of your control?	1	2	3	4	5
12. How often have you felt that your difficulties were so overwhelming that you could not overcome them?	1	2	3	4	5

**PART 3 -- RELATIONSHIP WITH BABY'S FATHER [UPDATE]**

This next set of questions is an update for our records on your relationship with the baby's father.

1. Which of the following statements best describes your situation?

- You are legally married to the baby's father, .....1  
 You are legally married to the baby's father, but you are  
 separated from him now, .....2  
     Are you separated for a practical reason such as job or school?  
     MARITAL DISCORD .....1  
     JOB/SCHOOL  
     (DESCRIBE: \_\_\_\_\_) .2  
     INCARCERATION .....3  
     OTHER (SPECIFY: \_\_\_\_\_).....4  
 You were legally married to the baby's father, but are  
 divorced from him now, or .....3  
 You are not legally married to the baby's father, but  
 you live with him, or .....4  
 You are neither legally married to nor living with the baby's father?         5

2. How often have you seen the baby's father in the past month? Would you say...

- every day, .....1 (SKIP TO PT. 4, PG 11)  
 several times a week, .....2 (SKIP TO PT. 4, PG 11)  
 several times during the month, but not every week, .....3 (SKIP TO PT. 4, PG 11)  
 once during the month, or .....4 (SKIP TO PT. 4, PG 11)  
 never? .....5

RECORD ANY COMMENTS:

- 2A. Have you had any contact with the baby's father by telephone or mail in the past month?

- NO .....0  
 YES .....1

3. Is there someone else whom you think of as the baby's father, or who does the things he would usually do?

- NO .....0 (SKIP TO PT. 4, PG 11)  
 YES .....1

4. Is this person your partner, a relative, or a friend?

PARTNER/SIGNIFICANT OTHER .....	1
PARENT .....	2
SIBLING .....	3
FRIEND (NON-ROMANTIC) .....	4
OTHER .....	5

## **PART 4 -- EMPLOYMENT UPDATE**

The first set of questions is an update for our records on your employment status.

1. Have you worked for pay during this pregnancy?

NO.....0 (SKIP TO END, PG 13)  
 YES.....1

IF YES:

- 1A. Since you became pregnant, how many weeks or months have you worked all together?

\_\_\_\_\_ WEEKS/MONTHS (CIRCLE ONE)

2. Have there been any changes in your employment status or daily activities since we last spoke to you?

NO.....0 (SKIP TO END, PG 13)  
 YES, EMPLOYMENT CHANGE.....1  
 OTHER CHANGE .....2  
 (SPECIFY: \_\_\_\_\_)

3. What has changed?

STOPPED WORKING FOR PAY .....1 (SKIP TO Q12)  
 STARTED WORKING FOR PAY.....2  
 CHANGED PAID JOBS .....3  
 CHANGED UNPAID ACTIVITIES .....4 (SPECIFY BELOW)  
 DECREASED PAID WORK.....5  
 INCREASED PAID WORK.....6  
 ON LEAVE OR BREAK FROM WORK .....7 (SKIP TO Q12)

IF CHANGE IN UNPAID ACTIVITIES, SPECIFY AND THEN SKIP TO END, PG 13:

4. What is your current work status? Would you say...

working full-time, .....1  
 working full-time at two or more jobs, .....2  
 working part-time, .....3  
 working part-time at two or more jobs, .....4  
 not employed outside home right now, .....5 (SKIP TO Q20)  
 performing work as it comes up, .....6  
 in school only, or .....7 (SKIP TO Q20)  
 something else? (SPECIFY: \_\_\_\_\_) ...8

5. What is your job title(s)? 1. \_\_\_\_\_  
2. \_\_\_\_\_

6. Please describe the types of activities and tasks you perform on this job.  
(PROBE FOR SPECIFICS)

1. \_\_\_\_\_  
2. \_\_\_\_\_

7. How many hours per week do you work on average, including overtime?

\_\_\_\_\_ HOURS

8. How long have you been at this job? \_\_\_\_\_ WEEKS/MONTHS/YEARS (CIRCLE ONE)

[FOR DATA ENTRY CONVERT TO WEEKS: 1 MONTH = 4 WEEKS; 1 YEAR = 52 WEEKS]

9. Is your salary or wage figured...

by the hour, .....1  
by the day, .....2  
by the week, .....3  
by the month, or .....4  
on an annual basis? .....5  
OTHER (SPECIFY \_\_\_\_\_)..6

10. How much are you paid for this period of time? \_\_\_\_\_

11. What is the degree of emotional stress associated with this job in the last month??

Would you say...

none, .....1  
hardly any, .....2  
some, or .....3  
a great deal .....4

12. Do you think you will return to work after the baby is born?

YES .....1  
NO .....2  
DON'T KNOW .....3

GENERAL INTERVIEW CLOSING
---------------------------

ASK RESPONDENT: Have you been examined yet today, or are you about to be examined?  
(CIRCLE ONE)

INTERVIEWED BEFORE (NOT YET EXAMINED).....1

INTERVIEWED AFTER (EXAMINED EARLIER).....2

INTERVIEWED IN MIDDLE OF EXAMINATION .....3

That is all I need to ask you today. Thank you very much for your time and willingness to answer these questions.

Do you have any other questions or comments about these questions? (RECORD VERBATIM)

Was there anything unclear or confusing? (RECORD VERBATIM)

Thank you again.

TIME ENDED: ____ : ____
----------------------------

REMINDER: REVIEW INTERVIEW AND BE SURE IT'S COMPLETE.

**INTERVIEWER NOTES**

REFER TO SPECIFIC PAGES OF INTERVIEW FOR EACH COMMENT, IF POSSIBLE.

LANGUAGE PROBLEMS?      YES      NO

EXPLAIN IN DETAIL:

EMOTIONAL DISTRESS?      YES      NO

EXPLAIN IN DETAIL:

PINK SHEET?      YES      NO