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Publications

(*Bold* connotes students or postdoctoral fellow under my supervision when the work was conducted)

Peer Reviewed Articles

1. **Rinne**, G. R., Barclay, M. E., Somers, J. A., Mahrer, N.E., Shalowitz, M. U., Ramey, S. L., Dunkel Schetter, C., Lee, S. S. (in press). Developmental cascades from maternal preconception stress to child behavior problems: Testing multi-level preconception, prenatal, and postnatal influences. *Developmental Psychology*.
2. **Brown**, J. A., Wilson, P. A., & Dunkel Schetter, C. (2023). Sexual socialization experiences and perceived effects on sexual and reproductive health in young African American women. *Sex Roles*. <https://doi.org/10.1007/s11199-023-01435-0>
3. Lozowchuk, A., Carroll, J. E., Hobel, C., Coussons-Read, M., Dunkel Schetter, C., & Ross, K. M. (2023). Partner relationship quality and IL-6:IL-10 trajectories from pregnancy to a year after-birth. *Brain, behavior, and immunity*, 114, 407–413. <https://doi.org/10.1016/j.bbi.2023.09.007>
4. **Rinne**, G. R., Carroll, J. E., Guardino, C. M., Shalowitz, M. U., Ramey, S. L., & Dunkel Schetter, C. (2023). Parental preconception posttraumatic stress symptoms and maternal prenatal inflammation prospectively predict shorter telomere length in children. *Psychosomatic Medicine*, 10.1097/PSY.0000000000001241. Advance online publication. <https://doi.org/10.1097/PSY.0000000000001241>
5. Hooker, E.D., Corona, K., Guardino, C.M., Dunkel Schetter, C., & Campos, B. (2023). What predicts interdependence with family? The relative contributions of ethnicity/race and social class. *Cultural Diversity and Ethnic Minority Psychology*, 10.1037/cdp0000593. Advance online publication. <https://doi.org/10.1037/cdp0000593>
6. **Julian, M.**, **Somers**, J. A., Dunkel Schetter, C., & Guardino, C. M. (2023). Resilience resources, life stressors, and postpartum depressive symptoms in a community sample of low and middle-income Black, Latina, and White mothers. *Stress and Health*, 1-11. <https://doi.org/10.1002/smj.3275>
7. **Rinne**, G. R., Hartstein, J., Guardino, C. M., & Dunkel Schetter, C. (2023). Stress before conception and during pregnancy and maternal cortisol during pregnancy: A scoping review. *Psychoneuroendocrinology*, 153, Article 106115. <https://doi.org/10.1016/j.psyneuen.2023.106115>
8. Ross, K. M., Mander, H., **Rinne**, G., Okun, M., Hobel, C., Coussons-Read, M., & Dunkel Schetter, C. (2023). Pregnancy-specific anxiety and gestational length: The mediating role of diurnal cortisol indices. *Psychoneuroendocrinology*, 153, Article 106114. <https://doi.org/10.1016/j.psyneuen.2023.106114>

9. **Rinne**, G. R., Mahrer, N. E., Guardino, C. M., Shalowitz, M. U., Ramey, S. L., & Dunkel Schetter, C. (2023). Childhood family stress modifies the association between perinatal stressful life events and depressive symptoms. *Journal of Family Psychology*, 37(4), 432–442.
<https://doi.org/10.1037/fam0001076>
10. **Ponting**, C., Ong, E., Dunkel Schetter, C., & Chavira, D. A. (2023). Exposure therapy acceptability among pregnant Latinas with anxiety: A qualitative content analysis. *Cultural Diversity & Ethnic Minority Psychology*. Advance online publication. <https://doi.org/10.1037/cdp0000589>
11. **Méndez Leal**, A.S., Silvers, J.A., Carroll, J.E., Cole, S.W., Ross, K.M, Ramey, S. L., Shalowitz, M.U., Dunkel Schetter, C. (2023) Maternal early life stress is associated with pro-inflammatory processes during pregnancy. *Brain, Behavior, and Immunity*, 109, 285–291.
<https://doi.org/10.1016/j.bbi.2022.10.012>
12. Galley, J.D., Mashburn-Warren, L., Blalock, L.C., Lauber, C.L, Carroll, J.E., Ross, K.M., Hobel, C., Coussons-Read, M., Dunkel Schetter, C., Gur, T.L. (2023). Maternal anxiety, depression, and stress affects offspring gut microbiome diversity and bifidobacterial abundances. *Brain, Behavior and Immunity*, 107, 253–264. <https://doi.org/10.1016/j.bbi.2022.10.005>
13. Barclay, M. E., **Rinne**, G. R., **Somers**, J. A., Hobel, C. Coussons-Read, M., Lee, S. S., & Dunkel Schetter, C. (2022) Maternal early life adversity and infant stress regulation: Intergenerational associations and mediation by maternal prenatal mental health. Special issue in *Research in Child and Adolescent Psychopathology*, 51, 1839–1855. <https://doi.org/10.1007/s10802-022-01006-z>
14. Dunkel Schetter, C., Rahal, D., **Ponting**, C., Julian, M., Ramos, I., Hobel, C. J., & Coussons-Read, M. (2022). Anxiety in pregnancy and length of gestation: Findings from the healthy babies before birth study. *Health Psychology*, 41(12), 894–903. <https://doi.org/10.1037/he0001210>
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<https://doi.org/10.1016/j.socscimed.2022.115356>
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17. **Rinne**, G. R., **Somers**, J. A., Ramos, I. F., Ross, K. M., Coussons-Read, M., Dunkel Schetter, C. (2022). Increases in maternal depressive symptoms during pregnancy and infant cortisol reactivity: Mediation by placental corticotropin-releasing hormone. *Development and Psychopathology*, 34(5), 1-14. <https://doi.org/10.1017/s0954579422000621>
18. **Ramos**, I. F., Ross, K. M., **Rinne**, G. R., **Somers**, J. A., Mancuso, R. A., Hobel, C.J., Coussons-Read, M., & Dunkel Schetter, C. (2022). Pregnancy anxiety, placental corticotropin-releasing hormone and length of gestation. *Biological Psychology*. 1721-14.
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19. **Ramos**, I. F., Campos, B., & Dunkel Schetter, C. (2022). Pregnancy anxiety and beliefs surrounding motherhood in Latinas: A qualitative study. *Journal of Latinx Psychology*, 10(4),

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 23. **Ponting**, C., Urizar, G.G., Dunkel Schetter, C., (2022). Psychological interventions for prenatal anxiety in Latinx and Black adults: A scoping review and recommendations. *Frontiers in Psychiatry*, 13, 1-10. <https://doi.org/10.3389/fpsyg.2022.820343>
 24. **Ponting**, C., Chavira, D. A., Dunkel Schetter C., Urizar Jr., G. G. (2022). Cognitive behavioral stress management effects on prenatal anxiety among low-income Latinas and Black women: A randomized controlled trial. *Journal of Consulting and Clinical Psychology*, 90(2), 148–160. <https://psycnet.apa.org/doi/10.1037/ccp0000699>
 25. Accortt, E., Mirocha, J., Jackman, S., Coussons-Read, M., Dunkel Schetter, C., & Hobel, C. (2022). Association between diagnosed perinatal mood and anxiety disorders and adverse perinatal outcomes. *The Journal of Maternal-Fetal & Neonatal Medicine*, 35(25), 9066–9070. <https://doi.org/10.1080/14767058.2021.2014450>
 26. Ross, K. M., Dunkel Schetter, C., Carroll, J., Mancuso, R. A., Irwin, J., Okun, M., Hobel, C. J., & Coussons-Read, M. (2021). Inflammatory and immune marker trajectories from pregnancy to one-year post-birth. *Cytokine*, 149, 155758. <https://doi.org/10.1016/j.cyto.2021.155758>
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 29. Scheier, M. F., Swanson, J. D., Barlow, M. A., Greenhouse, J. B., & Tindle, H. A. for the Optimism/Pessimism Meta-Analytic Consortium (Dunkel Schetter a member). (2021). Optimism versus pessimism as predictors of physical health: A comprehensive reanalysis of dispositional optimism research. *American Psychologist*, 76(3), 529–548. <https://doi.org/10.1037/amp0000666>
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41. Ponting, C., Chavira, D. A., Ramos, I., Christensen, W., Guardino, C. Dunkel Schetter, C. (2020). Postpartum depressive symptoms in low-income Latinas: Cultural and contextual contributors.

- Cultural Diversity and Ethnic Minority Psychology, 26(4), 544-556.*
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43. **Ross, K. M.**, Carroll, J., Horvath, S., Hobel, C. J., Coussons-Read, M. E., Dunkel Schetter, C. (2020). Immune epigenetic age in pregnancy and one year after birth: Associations with weight change. *American Journal of Reproductive Immunology, 83*(5), Article e13229. <http://doi.org/10.1111/aji.13229>
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55. Urizar, G. G., Calibosos, M, Gearhart, C., Yim, I., & Dunkel Schetter, C. (2019). Process evaluation of a stress management program for low-income pregnant women: The SMART Moms/Mamás listas project. *Health Education & Behavior*, 46(6), 930-941. <https://doi.org/10.1177/1090198119860559>
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Invited Chapters, Reviews and Entries

1. **Accortt**, E. E., & Dunkel Schetter, C. (in press). Depression and anxiety during the perinatal period: Symptoms, consequences, and recommendations for practice. In S. R. Waldstein, M. F. Muldoon, J. M. Satterfield, D. H. Novack, & S. Cole (Eds.), *Behavioral and social science in medicine: Principles and practice of biopsychosocial care*. New York, NY: Springer.
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Recent Media Coverage

News of research by Drs. Christine Guardino and Christine Dunkel Schetter about subjective social status and allostatic load in mothers 1 year after birth was reported by the [American Psychological Association](#)

News of research by Professors Judith Carroll and Christine Dunkel Schetter about new mothers and sleep loss was reported by more than 40 news media, including [NBC Los Angeles](#), [The Telegraph \(UK\)](#), [Yahoo](#), [NBC San Diego](#), [NBC New York](#), [ABC Los Angeles](#), [MSN](#), [Newsweek](#), [Yahoo Australia](#), [Daily Mail \(UK\)](#), [UC home page](#), [NBC Philadelphia](#), [New England Cable News](#), [Yahoo Canada](#), [Yahoo Singapore](#), [Yahoo India](#), [The Sun \(UK\)](#), [Fast Company](#), [Yahoo UK](#), [Asian News International](#), [Longevity](#), [Bristol Post \(UK\)](#) and [Times of Oman](#).

News of research about the impact of mothers' stress on their baby's brain by Distinguished Professor of Psychology and Psychiatry Christine Dunkel Schetter and Professor of Psychiatry and Biobehavioral Sciences Judith Carroll was reported by [CNN](#), [Good Morning America](#), [NBC Jacksonville, Florida](#), [NBC Dallas-Fort Worth](#), [ABC San Antonio](#), [CBS Green Bay](#), [ABC northwestern Illinois and southeastern Iowa](#), [NBC Memphis](#), [KNBR San Francisco](#), [KEYT Channel 3 Santa Barbara](#), [KOMU Missouri](#), [Insider](#) and other news media.