**Curriculum Vitae**

**Christine Dunkel Schetter**

UCLA Department of Psychology

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**Education** B.A. Psychology, 1974

Connecticut College

New London, CT

Junior year at Dartmouth College on exchange program

M.A., Ph.D., Psychology, 1982 (Mentor: Camille Wortman)

Northwestern University

Evanston, IL

NSF Postdoctoral Fellow, 1982-83 (Mentor: Richard Lazarus)

Department of Psychology

University of California, Berkeley

**Employment History**

2023-present Distinguished Research Professor of Psychology

2019-2023 Distinguished Professor of Psychology and Psychiatry

2015-2023 Associate Vice Chancellor for Faculty Development

Academic Personnel Office, UCLA

1994-2019 Professor of Psychology, UCLA

1988-1994 Associate Professor of Psychology, UCLA

1983-1988 Assistant Professor of Psychology, UCLA

1995-present Director, NIMH T32 Training Program, Biobehavioral Issues in Mental and Physical Health (currently year 43)

1975-1976 Research Coordinator

NH-VT Breast Cancer Project, NCI Demonstration Project

Department of Community Medicine

Dartmouth Medical School, Hanover, New Hampshire

1974-1975 Research Assistant (Jerome Kagan, Zick Rubin)

Department of Psychology & Social Relations

Harvard University, Cambridge, Massachusetts

**Honors and Professional Societies**

2023 Jane B. Semel Healthy Campus Initiative Appreciation and Recognition Award

2022 Fellow, American Association for the Advancement of Science

2022 American Psychological Association, Society for Health Psychology’s Excellence in Health Psychology Mentoring Award

2018 Nathan Perry, Jr. Award for Outstanding Service to Health Psychology, Division 38 (Society for Health Psychology), American Psychological Association

2017 UC Women’s Leadership Initiative Program, Office of the President of University of California

2016 Cynthia D. Belar Award for Outstanding Contributions to Education & Training in Health Psychology, Division 38 (Society for Health Psychology), American Psychological Association

2016 Elected Fellow, American Psychological Association, Division 8

2014 Distinguished Service Award, Department of Psychology, UCLA

2013 Strickland-Daniel Mentoring Award, Division 35 (Psychology of Women), American Psychological Association

2011 Elected Fellow, Western Psychological Association

2010 Elected Member, Academy of Behavioral Medicine Research

2010 Elected Member, American Psychosomatic Society

2007 Distinguished Teaching Award, Department of Psychology, UCLA

2005-2007 Elected Member-at-Large, Division 38 (Health Psychology)

Board of Directors, American Psychological Association

2005 Invited member, Institute for Medicine Committee on Understanding Preterm Birth and Assessing Healthy Outcomes

2004 Senior Investigator Award for Outstanding Contributions to Health Psychology, American Psychological Association, Division 38

1998 Elected Fellow, Association for Psychological Science

1995 Elected Fellow, Society of Behavioral Medicine

1995 Elected Fellow, American Psychological Association, Division 9

1992 Elected Fellow, American Psychological Association, Division 38

1992 Elected Member, Society for Experimental Social Psychology (SESP)

Elected Fellow, SESP in 2009

1982 National Science Foundation Postdoctoral Fellowship

1977-1980 National Institute of Mental Health Predoctoral Fellowship (NRSA)

**Editorial Activities**

2022- present Consulting Editor, *Health Psychology*

2016-2022 Editorial Board, *Social Science & Medicine*

2016-2022 Consulting Editor, *Health Psychology*

2006-2012 Member, Advisory Board, *Current Directions in Psychological Science*

2005-2010 Associate (Deputy) Editor, *Health Psychology* (Editor, Robert M. Kaplan)

* 1. Section Editor, Special Section on Stress and Reproduction, *Health* *Psychology*
  2. Editorial Board, *Health Psychology*

1994-1998 Editorial Board, *Women's Health: Research on Gender, Behavior, and Policy*

1994-1997 Consulting Editor, *Basic and Applied Social Psychology*

1992-2004 Consulting Editor, *Anxiety, Stress, and Coping: An International Journal*

1991-1996 Consulting Editor, *Journal of Personality and Social Psychology*

1991-1994 Associate Editor, *Health Psychology*

1989-1993 Editorial Advisory Board*, Journal of Social and Personal Relationships*

1989-1990 Editorial Board, *Health Psychology*

1987-2002 Editorial Advisory Board, *Applied Social Psychology Annual*

Ongoing: Ad hoc reviewer for numerous journals in Psychology, Medicine, Public Health.

**Publications**

*(****Bold*** *connotes students or postdoctoral fellow under my supervision when the work was conducted)*

***Peer Reviewed Articles***

1. Krueger, A. M., Smith, K., Pollock, A., Dunkel Schetter, C., & Mahrer, N. E. (in press) The impact of stress on father involvement in early infancy: Examining risk and protective factors in residential and nonresidential fathers. *OBM Integrative and Complementary Medicine*
2. **Rinne**, G.R., Barclay, M., Somers, J.A., Mahrer, N.E., Shalowitz, M.U., Ramey, S.L., Dnkel Schetter, C., Lee, S.S. (2024 in press, *Developmental Psychology*). Developmental cascades from maternal preconception stress to child behavior problems: Testing multi-level preconception, prenatal, and postnatal influences. Advance online publication. <https://doi.org/10.1037/dev0001728>.
3. **Rinne**, G.R., **Podosin**, M., Mahrer, N.E., Shalowitz, M., Ramey, S., & Dunkel Schetter, C. (In press). Prospective associations of prenatal stress and child behavior: Moderation by the early childhood caregiving environment. *Development and Psychopathology.*
4. Almeida, I. F., **Rinne**, G. R., Coussons-Read, M., & Dunkel Schetter, C. (in press). Placental corticotrophin-releasing hormone trajectories in pregnancy: Associations with postpartum depressive symptoms. *Psychoneuroendocrinology*, *164*, 107030. Advance online publication. <https://doi.org/10.1016/j.psyneuen.2024.107030>
5. Becene, I. **Rinne**, G. R., Dunkel Schetter, C., & Hollenback, J. (in press). Prenatal stress and hair cortisol in a sample of Latina women. *Psychoneuroendocrinology*, *164*, 107017. Advance online publication. <https://doi.org/10.1016/j.psyneuen.2024.107017>
6. **Rinne**, G. R., Barclay, M. E., Somers, J. A., Mahrer, N.E., Shalowitz, M. U., Ramey, S. L., Dunkel Schetter, C., & Lee, S. S. (2024). Developmental cascades from maternal preconception stress to child behavior problems: Testing multi-level preconception, prenatal, and postnatal influences. *Developmental psychology,* 10.1037/dev0001728. Advance online publication. <https://doi.org/10.1037/dev0001728>.
7. **Thomas**, J. L., Somers, J. A., Dunkel Schetter, C., & Sumner, J. A. (2024). Couple-level manifestations of posttraumatic stress and maternal and paternal postpartum relationship functioning. *Depression and Anxiety*, *2024*, 6140465. <https://doi.org/10.1155/2024/6140465>
8. **Brown**, J. A., Wilson, P. A., & Dunkel Schetter, C. (2023). Sexual socialization experiences and perceived effects on sexual and reproductive health in young African American women. *Sex Roles, 90,* 82-97. <https://doi.org/10.1007/s11199-023-01435-0>
9. Lozowchuk, A., Carroll, J. E., Hobel, C., Coussons-Read, M., Dunkel Schetter, C., & Ross, K. M. (2023). Partner relationship quality and IL-6:IL-10 trajectories from pregnancy to a year after-birth. *Brain, Behavior, and Immunity, 114*, 407–413. <https://doi.org/10.1016/j.bbi.2023.09.007>
10. **Rinne**, G. R., Carroll, J. E., Guardino, C. M., Shalowitz, M. U., Ramey, S. L., & Dunkel Schetter, C. (2023). Parental preconception posttraumatic stress symptoms and maternal prenatal inflammation prospectively predict shorter telomere length in children. *Psychosomatic Medicine,* 10.1097/PSY.0000000000001241. Advance online publication. <https://doi.org/10.1097/PSY.0000000000001241>
11. Hooker, E.D., Corona, K., Guardino, C.M., Dunkel Schetter, C., & Campos, B. (2023). What predicts interdependence with family? The relative contributions of ethnicity/race and social class. *Cultural Diversity and Ethnic Minority Psychology*. Advance online publication. <https://doi.org/10.1037/cdp0000593>
12. **Ponting**, C., Ong, E., Dunkel Schetter, C., & Chavira, D. A. (2023). Exposure therapy acceptability among pregnant Latinas with anxiety: A qualitative content analysis. *Cultural Diversity & Ethnic Minority Psychology*. Advance online publication. <https://doi.org/10.1037/cdp0000589>
13. **Julian**, M., **Somers**, J. A., Dunkel Schetter, C., & Guardino, C. M. (2023). Resilience resources, life stressors, and postpartum depressive symptoms in a community sample of low and middle-income Black, Latina, and White mothers. *Stress and Health*, *40*(1), 1-11. <https://doi.org/10.1002/smi.3275>
14. **Rinne**, G. R., Hartstein, J., Guardino, C. M., & Dunkel Schetter, C. (2023). Stress before conception and during pregnancy and maternal cortisol during pregnancy: A scoping review. *Psychoneuroendocrinology*, *153*, Article 106115. <https://doi.org/10.1016/j.psyneuen.2023.106115>
15. Ross, K. M., **Mander**, H., **Rinne**, G., Okun, M., Hobel, C., Coussons-Read, M., & Dunkel Schetter, C. (2023). Pregnancy-specific anxiety and gestational length: The mediating role of diurnal cortisol indices. *Psychoneuroendocrinology*, *153*, Article 106114. <https://doi.org/10.1016/j.psyneuen.2023.106114>
16. **Rinne**, G. R., Mahrer, N. E., Guardino, C. M., Shalowitz, M. U., Ramey, S. L., & Dunkel Schetter, C. (2023). Childhood family stress modifies the association between perinatal stressful life events and depressive symptoms. *Journal of Family Psychology*, 37(4), 432–442. <https://doi.org/10.1037/fam0001076>
17. **Méndez Leal,** A.S., Silvers, J.A., Carroll, J.E., Cole, S.W., Ross, K.M, Ramey, S. L., Shalowitz, M.U., Dunkel Schetter, C. (2023) Maternal early life stress is associated with pro-inflammatory processes during pregnancy. *Brain, Behavior, and Immunity*, *109*, 285–291. <https://doi.org/10.1016/j.bbi.2022.10.012>
18. Galley, J.D., Mashburn-Warren, L., Blalock, L.C., Lauber, C.L, Carroll, J.E., Ross, K.M., Hobel, C., Coussons-Read, M., Dunkel Schetter, C., Gur, T.L. (2023). Maternal anxiety, depression, and stress affects offspring gut microbiome diversity and bifidobacterial abundances. *Brain, Behavior and Immunity*, *107*, 253–264. <https://doi.org/10.1016/j.bbi.2022.10.005>
19. Barclay, M. E., **Rinne**, G. R., **Somers,** J. A., Hobel, C. Coussons-Read, M., Lee, S. S., & Dunkel Schetter, C. (2022) Maternal early life adversity and infant stress regulation: Intergenerational associations and meditation by maternal prenatal mental health. Special issue *Research in Child and Adolescent Psychopathology, 51,* 1839–1855.<https://doi.org/10.1007/s10802-022-01006-z>
20. Dunkel Schetter, C., **Rahal**, D., **Ponting, C**., **Julian**, M., Ramos, I., Hobel, C. J., & Coussons-Read, M. (2022). Anxiety in pregnancy and length of gestation: Findings from the healthy babies before birth study. *Health Psychology, 41*(12), 894–903. [https://doi.org/10.1037/hea0001210](https://psycnet.apa.org/doi/10.1037/hea0001210)
21. Carroll, J. E., **Price**, J. E., **Brown,** J., Bamishigbin, O., Shalowitz, M. U., Ramey, S., & Dunkel Schetter, C. (2022). Lifetime discrimination in low to middle income mothers and cellular aging: A prospective analysis. *Social Science & Medicine*, 311, Article 115356. <https://doi.org/10.1016/j.socscimed.2022.115356>
22. Guardino, C. M., **Rahal** D., **Rinne**, G. R., Mahrer, N. E., Davis E. P., Shalowitz, E., Ramey, S. L., & Dunkel Schetter, C. (2022). Maternal stress and mental health before pregnancy and offspring diurnal cortisol in early childhood. *Developmental Psychobiology.* 64(7), Article e22314. <https://doi.org/10.1002/dev.22314>
23. **Rinne**, G. R., **Somers**, J. A., Ramos, I. F., Ross, K. M., Coussons-Read, M., Dunkel Schetter, C. (2022). Increases in maternal depressive symptoms during pregnancy and infant cortisol reactivity: Mediation by placental corticotropin-releasing hormone. *Development and Psychopathology, 34*(5),1-14. <https://doi.org/10.1017/s0954579422000621>

1. **Ramos**, I. F., Ross, K. M., **Rinne**, G. R., **Somers**, J. A., Mancuso, R. A., Hobel, C.J., Coussons-Read, M., & Dunkel Schetter, C. (2022). Pregnancy anxiety, placental corticotropin-releasing hormone and length of gestation. *Biological Psychology*. *172*1-14. <https://doi.org/10.1016/j.biopsycho.2022.108376>
2. **Ramos**, I. F., Campos, B., & Dunkel Schetter, C. (2022). Pregnancy anxiety and beliefs surrounding motherhood in Latinas: A qualitative study. *Journal of Latinx Psychology, 10(4),*

*277–290.*  [https://doi.org/10.1037/lat0000208](https://psycnet.apa.org/doi/10.1037/lat0000208)

1. **Rinne,** G. R., Davis, E. P., Mahrer, N. E., Guardino, C. M., Charalel, J. M., Shalowitz, M. U., Ramey, S. L., & Dunkel Schetter, C. (2022). Maternal depressive symptom trajectories from preconception through postpartum: Associations with offspring developmental outcomes in early childhood. *Journal of Affective Disorders*, 309, 105–114. <https://doi.org/10.1016/j.jad.2022.04.116>

**Press release**: <https://newsroom.ucla.edu/releases/pregnant-mothers-depression-linked-to-childrens->behavioral-risk

1. Guardino, C., & Dunkel Schetter, C. (2022). Subjective social status and allostatic load in mothers 1 year after birth. Health Psychology, 41(3), 235-241. [https://doi.org/10.1037/hea0001148](https://psycnet.apa.org/doi/10.1037/hea0001148)
2. **Swales**, D., Davis, E. P., Mahrer, N., Guardino, C., Shalowitz, M. U., Ramey, S. L., & Dunkel Schetter, C. (2022). Preconception maternal post-traumatic stress and child negative affectivity: Prospectively evaluating the intergenerational impact of trauma. *Development and Psychopathology*, 1-11. <https://doi.org/10.1017/S0954579421001760>
3. **Ponting**, C., Urizar, G.G., Dunkel Schetter, C., (2022). Psychological interventions for prenatal anxiety in Latinx and Black adults: A scoping review and recommendations. *Frontiers in Psychiatry, 13,* 1-10. <https://doi.org/10.3389/fpsyt.2022.820343>
4. **Ponting**, C.,Chavira, D. A., Dunkel Schetter C., Urizar Jr., G. G. (2022). Cognitive behavioral stress management effects on prenatal anxiety among low-income Latinas and Black women: A randomized controlled trial. Journal of Consulting and Clinical Psychology, 90(2), 148–160. <https://psycnet.apa.org/doi/10.1037/ccp0000699>
5. Accortt, E., Mirocha, J., Jackman, S., Coussons-Read, M., Dunkel Schetter, C., & Hobel, C. (2022). Association between diagnosed perinatal mood and anxiety disorders and adverse perinatal outcomes. *The Journal of Maternal-Fetal & Neonatal Medicine*, 35(25), 9066–9070. <https://doi.org/10.1080/14767058.2021.2014450>
6. Ross, K. M., Dunkel Schetter, C., Carroll, J., Mancuso, R. A., Irwin, J., Okun, M., Hobel, C. J., & Coussons-Read, M. (2022). Inflammatory and immune marker trajectories from pregnancy to one-year post-birth. *Cytokine*, *149*, 155758. <https://doi.org/10.1016/j.cyto.2021.155758>
7. **Thomas**, J. L., Cleveland, S., Dunkel Schetter, C., Pietrzak, R. H., & Sumner, J. A. (2021). Elucidating posttraumatic stress symptom dimension and health correlates among postpartum women*. Journal of Affective Disorders*, *294*, 314-321. <https://doi.org/10.1016/j.jad.2021.07.025>
8. **Thomas**, J. L., Carter, S. E., Dunkel Schetter, C., & Sumner, J. A. (2021). Racial and ethnic disparities in posttraumatic psychopathology among postpartum women. *Journal of Psychiatric Research*, *137*, 36-40. <https://doi.org/10.1016/j.jpsychires.2021.02.030>
9. Scheier, M. F., Swanson, J. D., Barlow, M. A., Greenhouse, J. B., & Tindle, H. A. for the Optimism/Pessimism Meta-Analytic Consortium (Dunkel Schetter a member). (2021). Optimism versus pessimism as predictors of physical health: A comprehensive reanalysis of dispositional optimism research. *American Psychologist, 76*(3), 529–548. <https://doi.org/10.1037/amp0000666>
10. **Jurcevic**, I., **Wong**, L. H., Dunkel Schetter, C., Shapiro, J. R. (2021). Strategies for disclosing a concealable stigma: Facts and feelings? *Journal of Experimental Psychology*, *97,* Article 104187. <https://doi.org/10.1016/j.jesp.2021.104187>
11. **Julian**, M., Le, H. N., Coussons-Read, M., Hobel, C. J., & Dunkel Schetter, C. (2021). The Moderating role of resilience resources in the association between stressful life events and symptoms of postpartum depression. *Journal of Affective Disorders, 293*, 261-267. <https://doi.org/10.1016/j.jad.2021.05.082>
12. Wilson, D. K., Bamishigbin Jr, O. N., Guardino, C., Dunkel Schetter, C. (2021). Resilience. resources in low-income Black, Latino and White fathers. *Social Science and Medicine.* Article 114139. <https://doi.org/10.1016/j.socscimed.2021.114139>
13. Carroll, J. E., **Ross**, K. M., Horvath, S., Okun, M., Hobel, C., Rentscher, K. E., Coussons-Read, M., Dunkel Schetter, C. (2021). Postpartum sleep loss and accelerated epigenetic aging. *Sleep Health*, *7*(3), 362-367. <https://doi.org/10.1016/j.sleh.2021.02.002> Press release: https://newsroom.ucla.edu/releases/new-mothers-sleep-loss-linked-to-accelerated-aging
14. Lalani, S., Dosani, A., Forcheh, N., Premji, S. S., Siddiqui, S., Shaikh, K., Mian, A., Yim, I.S., & Maternal-infant Global Health Team (MiGHT) Collaborators in Research. (2021). Perceived stress may mediate the relationship between antenatal depressive symptoms and preterm birth: A pilot observational cohort study. *PloS one*, *16*(5), Article e0250982. <https://doi.org/10.1371/journal.pone.0250982>
15. **Julian,** M., **Cheadle,** A. C. D., Knudsen, K. S., Bilder, R. M., & Dunkel Schetter, C. (2020). Resilience resources scale (RRS): A brief measure validated with undergraduate students. *Journal of American College Health*, *70*(5), 1-10.<https://doi.org/10.1080/07448481.2020.1802283>
16. **Ross**, K. M., **Guardino**, C. M., Dunkel Schetter, C., & Hobel, C. (2020). Interactions between race/ethnicity, poverty status, and prenatal cardio-metabolic diseases in prediction of postpartum cardio-metabolic health. *Ethnicity and Health*, *25*(8), 1145-1160. <https://doi.org/10.1080/13557858.2018.1493433>
17. **Irwin**, J. L., Davis, E. P., Hobel, C., Coussons-Read, M., & Dunkel Schetter, C. (2020). Maternal prenatal anxiety trajectories and infant developmental outcomes in one-year-old offspring. *Infant Behavior and Development, 60*, Article 101468. <https://doi.org/10.1016/j.infbeh.2020.101468>
18. **Mahrer,** N. E., Guardino, C., Hobel, C. & Dunkel Schetter, C. (2020). Maternal stress before conception is associated with shorter gestation. *Annals of Behavioral Medicine,* *55*(3), 242–252. <https://doi.org/10.1093/abm/kaaa047>
19. Alen, N. V., Hostinar, C. E., **Mahrer**, N. E., Martin, S. R., Guardino, C., Shalowitz, M. U., Ramey, S. L., & Dunkel Schetter, C. (2020). Prenatal maternal stress and child hair cortisol four years later: Evidence from a low-income sample. *Psychoneuroendocrinology, 117.* Article 104707. <https://doi.org/10.1016/j.psyneuen.2020.104707>
20. **Morgan**, J. E., Lee, S. S., **Mahrer**, N. E., Guardino, C. M., Poggi Davis, E., Shalowitz, M. U., Ramey, S. L., & Dunkel Schetter, C. (2020). Prenatal maternal C-reactive protein prospectively predicts child executive functioning at ages 4-6 years. *Developmental Psychobiology, 62*(2), 1111-1123.<https://doi.org/10.1002/dev.21982> PMID: [32441781](https://www.ncbi.nlm.nih.gov/pubmed/32441781), PMCID: PMC7680271
21. **Ponting**, C., Chavira, D. A., **Ramos**, I., **Christensen**, W., Guardino, C. Dunkel Schetter, C. (2020). Postpartum depressive symptoms in low-income Latinas: Cultural and contextual contributors. *Cultural Diversity and Ethnic Minority Psychology, 26*(4), 544-556. <https://doi.org/10.1037/cdp0000325>
22. Bamishigbin Jr, O. N., Wilson, D. K., Abshire, D., Mejias-Lancheros, C., & Dunkel Schetter, C. (2020). Father involvement in infant parenting in an ethnically diverse community sample: Predicting paternal depressive symptoms. *Frontiers in Psychiatry*, *11*, Article 578688. <https://doi.org/10.3389/fpsyt.2020.578688>
23. **Ross,** K. M., Carroll, J., Horvath, S., Hobel, C. J., Coussons-Read, M. E., Dunkel Schetter, C. (2020). Immune epigenetic age in pregnancy and one year after birth: Associations with weight change*. American Journal of Reproductive Immunology*, *83*(5), Article e13229. <http://doi.org/10.1111/aji.13229>
24. Carroll, J. E., **Mahrer**, N. E., Shalowitz, M., Ramey, S., & Dunkel Schetter, C. (2020). Prenatal maternal stress prospectively relates to shorter child buccal cell telomere length. *Psychoneuroendocrinology*, *121*, Article 104841. <https://doi.org/10.1016/j.psyneuen.2020.104841>
25. **Ross**, K. M., Kane, H., **Guardino**, C., & Dunkel Schetter, C. (2020). Parental attachment anxiety: Associations with allostatic load in mothers of 1-year-olds. *Journal of Personal and Social Relationships, 37*(3), 717-737. <https://doi.org/10.1177%2F0265407519876717>
26. **Ross**, K. M., Carroll, J., Horvath, S., Hobel, C., Coussons-Read, M., & Dunkel Schetter, C. (2020). Epigenetic age and pregnancy outcomes: GrimAge Acceleration is associated with shorter gestational length and lower birthweight. *Clinical Epigenetics, 12*, 1-11. <https://doi.org/10.1186/s13148-020-00909-2>
27. Kaufman-Shriqui V., O’Campo, P., Misir V., Schafer P., Morinis J., Vance M., Dunkel Schetter C., Raju T. N. K., Hillemeier M. M., Lanzi R., Chinchilli V. M. & for the CCHN of Eunice Kennedy Shriver National Institute of Child Health and Human Development (2020). Neighborhood level deprivation indices and postpartum women's health: Results from the Community Child Health Network (CCHN) multi-site study. *Health and Quality of Life Outcomes, 18*(1), 1-10. <https://doi.org/10.1186/s12955-020-1275-x>
28. **Mahrer,** N. E., **Ramos**, I. F., Guardino, C.M., Davis, E. P., Ramey, S. L., Shalowitz, M. U., & Dunkel Schetter, C. (2020). Pregnancy anxiety in expectant mothers predicts offspring negative affect: The moderating role of acculturation. *Early Human Development, 141*, Article 104932. <https://doi.org/10.1016/j.earlhumdev.2019.104932>
29. **Ponting**, C., **Mahrer**, N. E., **Zelcer,** H., Dunkel Schetter, C., Chavira, D. A. (2020). Psychological interventions for depression and anxiety in pregnant Latina and Black women in the United States: A systematic review. *Clinical Psychology & Psychotherapy, 27*(2), 249-265. <http://dx.doi.org/10.1002/cpp.2424>
30. Bamishigbin Jr, O. N., Dunkel Schetter, C., & Stanton, A. L. (2019). The antecedents and consequences of adolescent fatherhood: A systematic review. *Social Science & Medicine*, *232*,

106-119. <https://doi.org/10.1016/j.socscimed.2019.04.031>

1. **Incollingo Rodriguez,** A. C., Dunkel Schetter, C., Brewis, A., & Tomiyama, A. J., (2019). The psychological burden of baby weight: Pregnancy, weight stigma, and mental health. *Social Science & Medicine, 235,* Article 112401*.*<https://doi.org/10.1016/j.socscimed.2019.112401>
2. **Incollingo Rodriguez,** A. C., Dunkel Schetter, C. & Tomiyama, A. J. (2019). Weight stigma among pregnant and postpartum women: A new context of stigmatization. *Stigma and Health*, 5(2), 209-216. <https://doi.org/10.1037/sah0000191>
3. **Ross,** K. M., Dunkel Schetter, C., McLemore, M. R., Chambers, B. D., Paynter, R., Baer, R., Feuer, S., Flowers, E., Karasek, D., Pantell, M., Prather, A., Ryckman, K., & Jelliffe-Pawlowski, L. (2019). Socioeconomic status, preeclampsia risk and gestational length in Black and White women. *Journal of Racial and Ethnic Health Disparities*, *6*, 1182-1191. <https://doi.org/10.1007/s40615-019-00619-3>
4. **Ross,** K. M., Carroll, J. E., Dunkel Schetter, C., Hobel, C., & Cole, S. W. (2019). Pro-inflammatory immune cell gene expression during the third trimester of pregnancy is associated with shorter gestational length and lower birth weight. *American Journal of Reproductive Immunology, 82*(6), Article 13190. <https://doi.org/10.1111/aji.13190>
5. Urizar, G. G., Calibosos, M, Gearhart, C., Yim, I., & Dunkel Schetter, C. (2019). Process evaluation of a stress management program for low-income pregnant women: The SMART Moms/Mamás lístas project. *Health Education & Behavior, 46*(6), 930-941*.* <https://doi.org/10.1177/1090198119860559>
6. Yim, I., & Dunkel Schetter, C. (2019). Biopsychosocial predictors of perinatal depressive symptoms: Moving toward an integrative approach. *Biological Psychology, 147*, Article 107720*.* <https://doi.org/10.1016/j.biopsycho.2019.107720>
7. Schmeer, K. K., **Guardino,** C. M., **Irwin,** J. L., Ramey, S., Shalowitz, M.U., & Dunkel Schetter, C. (2019). Maternal postpartum stress and toddler developmental delays: Results from a multisite study of racially diverse families. *Developmental Psychobiology, 62*(1), 62-76*.* <https://doi.org/10.1002/dev.21871>
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3. **Campbell**, S., Dunkel-Schetter, C., & Peplau, L. A. (1991). Perceived control and adjustment to infertility among women undergoing in vitro fertilization. In A. L. Stanton and C. A. Dunkel-Schetter (Eds.), *Infertility: Perspectives from stress and coping research* (pp. 133-156). New York, NY: Plenum.
4. Stanton, A. L., & Dunkel-Schetter, C. (1991). Psychological adjustment to infertility: An overview of conceptual approaches. In A. L. Stanton and C. A. Dunkel-Schetter (Eds.), *Infertility: Perspectives from stress and coping research* (pp. 3-16). New York, NY: Plenum.
5. Dunkel-Schetter, C., & Stanton, A. (1991). Psychological adjustment to infertility: Future directions in research and application. In A. L. Stanton and C. A. Dunkel-Schetter (Eds.), *Infertility: Perspectives from stress and coping research* (pp. 197-222). New York, NY: Plenum.
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victimization and aging. In S. B. Kiesler, J. N. Morgan, & V. K. Oppenheimer (Eds.), *Aging: Social change* (pp. 349-381). Cambridge, MA: Academic Press.

**Selected Presentations and Symposia**

*Note: Published Abstracts, presentations prior to 1989 and majority of coauthors presentations not included.*

Dunkel Schetter, C. & Ramos Almeida, I. F., (April 2023). Anxiety in pregnancy: Health effects, biological mechanisms and cultural processes. Invited address at Western Psychological Association, Riverside, CA.

Ramey, S & Dunkel Schetter, C., CoChairs, (March 2023), Preconception and prenatal contributors to child biobehavioral outcomes. Symposium at the Society for Research in Child Development, Salt Lake City, UT.

Dunkel Schetter, C. (2021, June). Psychosocial/Societal Influences: Maternal Stress and Resilience. NIH Strategic Workshop: Preconceptional Origins of Child Health Outcomes Workshop.

Dunkel Schetter, C. (2019, June). Pregnancy anxiety: Birth, postpartum and infant outcomes and mechanisms. Academy of Behavioral Medicine Research Meeting Program. Tucson, AZ.

Dunkel Schetter, C. (2019, June). Resilience as resources: Preliminary findings and directions for research. Academy of Behavioral Medicine Research Meeting Program, Tucson, AZ.

Dunkel Schetter, C. (2018, February). Expecting mothers: Art and science in addressing a panoply of issues. Inaugural lecture for UCLA Women’s Health and Gender Health Seminar Series.

Dunkel Schetter, C. (2017, October). Stress and anxiety in pregnancy: Biopsychosocial influences on birth and beyond. Invited colloquium at U.C. Davis, Psychology Department.

Dunkel Schetter, C. (2017, May). Resilience and pregnancy outcomes: Race, ethnicity and SES disparities in the Community Child Health Network Study. Invited presentation to the UCSF Preterm Birth Initiative Collaborative.

Dunkel Schetter, C. (2017, March). Stress and anxiety in pregnancy: Biopsychosocial interactions.

Invited lecture at University of California, Merced, Health Psychology.

Dunkel Schetter, C. (2016, November). Biopsychosocial processes in pregnancy: Effects on birth and beyond. Invited colloquium at InCHIP (Institute for Collaboration on Health Intervention and Policy), University of Connecticut. Storrs, CT

Dunkel Schetter, C. (2016, October). Biopsychosocial processes in pregnancy: Effects on birth and beyond. Departmental Rounds in Psychology, University of Calgary.

Dunkel Schetter, C. (2016, August). Survey on UCLA shooting and lockdown. Presentation to the UCLA Campus Safety Task Force. (Also presented in September, 2016 to Mindwell Pod of Healthy Campus Initiative and November, 2016 to UCLA Healthy Campus Initiative)

Dunkel Schetter, C. (2016, July). Stress and preterm birth: Snapshots. Presentation to the UCSF Preterm Birth Initiative Collaborative.

Ramos, I. & Dunkel Schetter, C. (2016, March). Pregnancy anxiety, CRH, and the timing of delivery in Latina and White women. Invited talk in symposium at Association for Psychosomatic Medicine meetings, Denver, CO.

Dunkel Schetter, C. (2016, February). Stress processes in pregnancy: Biopsychosocial influences on birth and beyond. Invited talk to Cal State Northridge, Psychology.

Dunkel Schetter, C. (2015, October). Resilience: What do we mean by it? Presentation to UC Intercampus Health Psychology Consortium, Palm Desert, CA.

Dunkel Schetter, C. (2014, December). “Maternal stress and anxiety before birth: Consequences and mechanisms” Invited talk at Center for Child and Family Well-being, University of Washington, Seattle, WA.

Dunkel Schetter, C. (2014, October). “Maternal stress and anxiety before birth: Consequences and mechanisms” Invited colloquium at Wayne State University Department of Psychology, Detroit, MI.

Dunkel Schetter, C., Kane, H., Niles, A., & Guardino, C., (2014, September). “Understanding pregnancy anxiety: Concepts, correlates, consequences, and mechanisms”. Poster presented at International Marce Society meeting, Swansea, Wales.

Dunkel Schetter, C. (2014, February). “Pregnancy anxiety: Consequences and Mechanisms”. Invited Colloquium, Institute for Behavioral Medicine, Ohio State University.

Bamishigbin, O., Dunkel Schetter, C., Guardino, C., Schaefer, P., Hobel, C., Shalowitz, M., Ramey, S., Thorpe, J., Raju, T. (2013, September).  “Perceived stress, coping style, and depression in a multi-ethnic sample of fathers” at the White House sponsored “Paternal Involvement in Pregnancy Outcomes from Preconception to First Year of Life” Meeting, Potomac, MD.

Dunkel Schetter, C., Guardino, C., Schafer, P., Lanzi, R., Clark-Kauffman, B., Hillemeier, M & Raju, T. (2013, August). “Resilience and stress in parents: Insights from community-partnered research” at the American Psychological Association Annual Convention, Honolulu, HI.

Dunkel Schetter, C. (2013, August, Chair). Symposium on “Resilience and Health:

Insights for future research and prevention” at the American Psychological Association Annual Convention, Honolulu, HI.

Dunkel Schetter, C. (2013, May). “Psychological indicators of stress relevant to preterm birth”. Presentation in symposium on “Stress in the Complex Causal Web of Preterm Birth” at the Annual meeting of the Pediatric Academic Societies, Washington, D.C.

Dunkel Schetter, C. (2013, April). “Do preconception diurnal cortisol patterns predict subsequent pregnancy outcomes?” Presented in symposium on “Do Developmental Vulnerabilities Begin Before Conception?” at Society for Research in Child Development (SRCD) conference, Seattle, WA.

Dunkel Schetter, C., Schafer, P., Lanzi, R., Clark-Kauffman, B., & Hillemeier, M. (2012, October). “Multidimensional stress and resilience measurement in parents of diverse ethnicity and SES”. Paper presented at the annual meeting of the American Public Health Association, San Francisco, CA.

Dunkel Schetter, C. (2012, May). “Social context and biology in maternal physical and mental health”. Invited talk for Theme Program on the Biological Beings in Social Context, 24th Annual Association for Psychological Science Annual Convention, Chicago, IL.

Dunkel Schetter, C., & Kane, H. (2012, February). “Stress as a risk factor for preterm birth: Emphasis on pregnancy anxiety”. Invited talk at Stanford Preterm Birth Center, Stanford School of Medicine.

Hahn-Holbrook, J., Kane, H., Tanner, L., Arora, C., Hobel, C., & Dunkel Schetter, C. (2011, September). “The effects of social support on corticotrophin-releasing hormone (CRH) and gestational age at birth”. Paper presented for the 25th Annual European Health Psychology Conference at Creta Maris Conference Center, Hersonissos, Crete, Greece.

Dunkel Schetter, C. (2011, June). “Stress and anxiety in human pregnancy: Powerful and still puzzling”. Presentation at the Annual meeting of the Academy of Behavioral Medicine, Park City, UT.

Dunkel Schetter, C. & Robbins. C. (2011, April). “Pregnancy anxiety: Concept, measures, correlates and predictors”. Paper presented in symposium on Developmental Consequences of Prenatal Stress and Anxiety at Western Psychological Association meetings, Los Angeles, CA.

Dunkel Schetter, C. (2011, April). “Resilience: A Stress full concept”. Presentation at Invited International Conference on Health Psychology of Chronic Illness. Coromandel Peninsula, New Zealand.

Dunkel Schetter, C. & Yim, I. (2010, August, Cochairs). Symposium on “Risk factors for postpartum depression: The need for integrative research.” American Psychological Association Annual Convention, San Diego, CA.

Dunkel Schetter, C. (2010, March). “Stress in pregnancy and birth outcomes: Biopsychosocial advances”. Presentation at American Psychosomatic Society meeting, Symposium on Prenatal Processes, Portland, OR.

Dunkel Schetter, C. & Robbins, C. (2009, September). “Challenges in prenatal intervention research to improve birth outcomes” at European Health Psychology Society, Pisa, Italy.

Dunkel Schetter, C. (2009, August). “Stress before birth: Short and long term consequences”. Invited Master Lecture, American Psychological Association Annual Convention, Toronto, Canada.

Dunkel Schetter, C. (2008, June). Publishing community-based participatory research panel. Workshop presentation at Fifth Annual Summer Institute Communities and Science: Improving Family Mental Health through Partnerships, Family Research Consortium IV, New Orleans, LA.

Dunkel Schetter, C (2007, March). “Stress processes in pregnancy” Invited presentation at Department of Psychology, California State University, Long Beach.

Dunkel Schetter, C. (2007, April). Recommendations from the Institute of Medicine Report on *Preterm Birth: Causes, Consequences and Prevention.* Invited presentation at Community Conference on “Building Bridges to Optimum Health: Before, Between and Beyond Pregnancy” Sponsored by Healthy African American Families (HAAF) and Centers for Disease Control

Dunkel Schetter, C. (2006, March). “Social support: To intervene or not to intervene?” Talk presented at the Health Psychology Lecture series. Department of Psychology, University of California, Los Angeles.

Dunkel Schetter, C. (2005). “Allostatic load and maternal child health”. Presentation to the Community Child Health Network (CCHN) and Heads of NICHHD at National Institute of Child Health and Human Development, Bethesda, MD.

Dunkel-Schetter, C. (2004, April). Invited address on “Stress processes in pregnancy: Milestones in meandering a maze” at the 84th Annual Convention of the Western Psychological Association, Phoenix, AZ.

Dunkel-Schetter, C., & Rini, C. M. (2003, February). “Perceptions of the effectiveness of social support from partners in pregnant women: Advances in studying social support receipt”. Presentation at the Personal Relationships Pre-conference of the annual meeting of the Society for Personality and Social Psychology, Los Angeles, CA.

Dunkel-Schetter, C. (2002, May). Invited talk on “Stress, anxiety and pregnancy outcomes: Identifying risk factors and pathways” at RAND Corporation, Health Series, Santa Monica, CA.

# Dunkel-Schetter, C. (2002, March). Invited colloquium on “Stress processes in pregnancy: Pathways to preterm birth and low birthweight” at the Department of Psychology, Arizona State University.

# Dunkel-Schetter, C. (2002, March). Invited lecture on “Prenatal stress and preterm delivery: Snapshots from an interdisciplinary research program”. Center for the Study of Children, Families, and Communities. Schools of Medicine and Public Health, University of California, Los Angeles.

Dunkel-Schetter, C. & Lobel, M. (2000, September). Invited exhibit on “Stress in pregnancy and effects on the offspring throughout the lifespan” at the American Psychological Association Decade of Behavior Launch Event. U.S. Capitol Building, Washington D.C.

Dunkel-Schetter, C. (1999, November). Invited presentation on “Biopsychosocial models of stress in pregnancy and birth outcomes: Is stress an important risk factor?” at the Department of Health and Developmental Psychology, School of Social Ecology, University of California, Irvine.

Dunkel-Schetter, C. (1999, September). Invited presentation on “Measurement of stress, stressors, and stressful experiences” at the Centers for Disease Control and Prevention Workgroup on “Stress and Preterm Delivery,” Atlanta, GA.

Dunkel-Schetter, C. (1999, August). Invited Address on “Is maternal stress a risk factor for adverse birth outcomes?” at the 107th Annual American Psychological Association Convention, (Division 8), Boston, MA.

Dunkel-Schetter, C. (1999, June). Invited presentation on “Prenatal maternal stress and risk of adverse birth outcomes” in Society of Personality and Social Psychology symposium on “New Developments in Social Psychology” at the American Psychological Society preconference, Denver, CO.

Dunkel-Schetter, C. (1998 Co-Chair). Symposium on “Stress in human pregnancy: Recent findings and implications for development and health” at the Society of Behavioral Medicine’s Nineteenth Annual Meeting, New Orleans, LA.

Dunkel-Schetter, C. (1998 Co-Chair), Symposium (Division 8) on "Personal Relationships, Social Support, Coping and Adjustment," at the 106th Annual American Psychological Association Convention, San Francisco, CA.

Dunkel-Schetter, C. (Chair) (1997, April). Symposium on “Biopsychosocial approaches to the study of stress in pregnancy and effects on birth outcomes” at the Society of Behavioral Medicine’s Eighteenth Annual Meeting, San Francisco, CA.

Dunkel-Schetter, C. (Chair) (1995, April). Invited Symposium “Biopsychosocial issues in pregnancy and birth” at the 75th Annual Western Psychological Association Convention, Los Angeles, CA.

Dunkel-Schetter, C. (1995, April). “Maternal stress and birth outcomes: Does stress in pregnancy increase the risk of preterm delivery?” Presentation at the 75th Annual Western Psychological Association Convention, Los Angeles, CA.

Dunkel-Schetter, C. (Discussant) (1995, March). “Psychobiological processes in pregnancy: Influences on fetal development, birth outcomes, and infant development.” Symposium at the 16th Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.

Dunkel-Schetter, C. (Chair) (1994, August). Symposium on “Biopsychosocial processes in pregnancy and following birth” at the 102nd Annual American Psychological Association Convention, Los Angeles, CA.

Dunkel-Schetter, C., Fang, C.Y., Tatsugawa, Z., Fox, M., Crandall, B.F., & Grody, W. W. (1994). “Psychosocial issues in genetic screening of pregnant women for cystic fibrosis”. Invited paper presented at the 102nd American Psychological Association Convention, Los Angeles, CA.

Dunkel-Schetter, C. (1993, April). Invited address on “Does maternal stress affect infant outcomes? Results of two prospective studies and unresolved issues.” at the73rd Annual Convention of Western and Rocky Mountain Psychological Association. Phoenix, AZ.

Dunkel-Schetter, C. (1993, March). Presentation on "Psychosocial risk factors for adverse birth outcomes." at the Society for Research in Child Development Meetings, New Orleans, LA.

Dunkel-Schetter, C. (1993, March). Invited presentation on "Stress: Premature labor and low birth weight." Riverside County Health Services Agency Workshop on "Maternal Health.", Riverside, CA.

Dunkel-Schetter, C. (1993, January). Grand Rounds on "Behavior in pregnancy" at the Department of Obstetrics and Gynecology, Cedars-Sinai Medical Center.

Dunkel-Schetter, C. (1992, October). Presentation on "Psychological aspects of cystic fibrosis screening." at the UCLA Mental Retardation Research Center Annual Conference, Lake Arrowhead, CA.

Dunkel-Schetter, C., Zambrana, R. E., Lobel, M. & Scrimshaw, S. (1992, August). "Maternal stress as a risk factor for infant birth weight." Paper on presented at the International Association for the Scientific Study of Mental Deficiency, Brisbane, Australia.

Dunkel-Schetter, C., Collins, N., Lobel, M., & Scrimshaw, S.C.M. (1992, July). Invited presentation on "The effects of social support in pregnancy on birth outcomes and postpartum depression”. International Congress of Psychology, Brussels, Belgium.

Dunkel-Schetter, C., (1992, June). Chair of Symposiumon „Psychosocial factors in pregnancy and birth outcomes“ and presentation "Mediators of racial and ethnic differences in birth outcome among low-income women in Los Angeles". 4th Annual American Psychological Society Convention, San Diego, CA.

Dunkel-Schetter, C. (1991, June). Grand Rounds on "The role of prenatal stress in infant prematurity" at the Department of Obstetrics and Gynecology, University of California, Los Angeles.

Dunkel-Schetter, C. (Discussant) (1991, April). Workshop on Infant Mortality and Low Birthweight, National Institutes of Health, Bethesda, MD.

Dunkel-Schetter, C. (1990, August). Invited address on "Psychological effects of infertility: A stress and coping perspective" at the 98th Annual American Psychological Association meetings. Boston, MA.

Dunkel-Schetter, C. (Symposium Chair and Participant), (1990, July). Symposium on "Social support interactions in close relationships." at the Fifth International Conference on Personal Relationships, Oxford, England.

Dunkel-Schetter, C. (1990, February). Symposium on "Why do some support attempts help and others fail?" at the Seventh Annual Claremont Applied Social Psychology Symposium on "Helping and Being Helped in the Real World," Claremont, CA.

Dunkel-Schetter, C. (1989, October). Presentation on "Differentiating the cognitive and behavioral aspects of social support." at the Society for Experimental Social Psychology meetings, Santa Monica, CA.

**Recent Media Coverage**

News of research by Drs. Christine Guardino and Christine Dunkel Schetter about subjective social status and allostatic load in mothers 1 year after birth was reported by the [**American Psychological Association**](https://www.apa.org/news/press/releases/2022/01/new-mothers-social-status)

New of research by Gabrielle Rinne and team in Dunkel Schetter lab on depression in pregnant women and link to child behavioral risks published in Journal of Affective Disorders in 2022:

<https://newsroom.ucla.edu/releases/pregnant-mothers-depression-linked-to-childrens-behavioral-risk?utm_source=6-3-2022-issue&utm_medium=email&utm_content=mothers-depression&utm_campaign=newsroom-weekly-newsletter>

News of research by Professors Judith Carroll and Christine Dunkel Schetter about new mothers and sleep loss was reported by more than 40 news media, including [**NBC Los Angeles**](https://www.nbclosangeles.com/news/local/sleep-deprivation-in-new-moms-may-be-linked-to-accelerated-aging-ucla-study-says/2667738), [**The Telegraph**(**UK**)](https://www.telegraph.co.uk/news/2021/08/08/lack-sleep-post-birth-can-add-seven-years-biological-age-new/), [**Yahoo**](https://www.yahoo.com/entertainment/sleep-loss-adds-mothers-biological-age-112323449.html), [**NBC San Diego**](https://www.nbcsandiego.com/news/national-international/sleep-deprivation-in-new-moms-may-be-linked-to-accelerated-aging-ucla-study-says/2690684/), [**NBC New York**](https://www.nbcnewyork.com/news/national-international/sleep-deprivation-in-new-moms-may-be-linked-to-accelerated-aging-ucla-study-says/3215987/), [**ABC Los Angeles**](https://abc7.com/ucla-study-aging-mom-new-research/10945845/), [**MSN**](https://www.msn.com/en-gb/health/mindandbody/lack-of-sleep-post-birth-can-add-seven-years-to-biological-age-of-new-mothers/ar-AAN4LF1?ocid=BingNewsSearch), [**Newsweek**](https://www.newsweek.com/new-moms-sleep-baby-advice-1617540), [**Yahoo Australia**](https://au.lifestyle.yahoo.com/new-mums-biological-age-seven-years-sleep-loss-study-reveals-052134615.html), [**Daily Mail** (**UK**)](https://www.dailymail.co.uk/news/article-9875129/Chinese-sleeper-agents-trying-exploit-scheme-residents-ex-British-colony-report-claims.html)**,**[**UC home page**](https://www.universityofcalifornia.edu/news/sleep-loss-new-moms-linked-accelerated-aging), [**NBC Philadelphia**](https://www.nbcphiladelphia.com/news/national-international/sleep-deprivation-in-new-moms-may-be-linked-to-accelerated-aging-ucla-study-says/2923628/), [**New England Cable News**](https://www.necn.com/news/national-international/sleep-deprivation-in-new-moms-may-be-linked-to-accelerated-aging-ucla-study-says/2533823/), [**Yahoo Canada**](https://ca.style.yahoo.com/sleep-loss-adds-mothers-biological-age-112323449.html),  [**Yahoo Singapore**](https://sg.style.yahoo.com/sleep-loss-adds-mothers-biological-age-112323449.html), [**Yahoo India**](https://in.news.yahoo.com/sleep-loss-adds-mothers-biological-age-112323449.html), [**The Sun** (**UK**)](https://www.thesun.co.uk/health/15820850/lack-of-sleep-new-mum/), [**Fast Company**](https://www.fastcompany.com/90663513/sleep-debt-in-new-mothers-is-associated-with-harrowing-accelerated-aging?partner=rss), [**Yahoo UK**](https://uk.style.yahoo.com/mums-sleep-loss-linked-accelerated-110153623.html), [**Asian News International**](https://www.aninews.in/news/lifestyle/quirky/new-mothers-sleep-loss-linked-to-accelerated-aging-study20210805224208/), [**Longevity**](https://www.longevity.technology/new-research-shows-sleep-loss-linked-to-accelerated-aging/), [**Bristol Post** (**UK**)](https://www.bristolpost.co.uk/news/uk-world-news/new-mums-age-seven-years-5750925) and [**Times of Oman**](https://timesofoman.com/article/105187-study-links-accelerated-ageing-to-sleep-loss-in-new-mother).

News of research about the impact of mothers’ stress on their baby’s brain by Distinguished Professor of Psychology and Psychiatry Christine Dunkel Schetter and Professor of Psychiatry and Biobehavioral Sciences Judith Carroll was reported by [**CNN**](https://www.cnn.com/2020/12/07/health/pregnancy-stress-fetal-impact-study-wellness/index.html), [**Good Morning America**](https://www.goodmorningamerica.com/wellness/story/mental-health-moms-stress-pregnancy-affect-kids-health-77895334), [**NBC Jacksonville, Florida**](https://www.news4jax.com/health/2021/04/22/keep-calm-how-stress-can-contribute-to-early-birth/), [**NBC Dallas-Fort Worth**](https://www.nbcdfw.com/news/health/stress-before-pregnancy-can-lead-to-early-births-researchers/2599560/), [**ABC San Antonio**](https://www.ksat.com/news/local/2021/04/28/years-of-stress-prior-to-conception-can-have-serious-consequences-for-babies-researchers-say/), [**CBS Green Bay**](https://www.wearegreenbay.com/healthwatch/healthwatch-stress-and-early-births/)**,**[**ABC northwestern Illinois and southeastern Iowa**](https://www.wqad.com/article/news/health/your-health/your-health-stress-and-the-baby-of-your-future/526-c4ee8466-5e68-4fbc-bcca-e96da60ebd6a)**,**[**NBC Memphis**](https://www.wmcactionnews5.com/2021/04/23/best-life-womans-stress-impacts-length-pregnancy-up-years-before/), [**KNBR San Francisco**](https://www.knbr.com/news/stress-during-pregnancy-may-harm-unborn-babys-brain-studies-find/), [**KEYT Channel 3 Santa Barbara**](https://keyt.com/health/2020/12/07/stress-during-pregnancy-may-harm-unborn-babys-brain-studies-find/), [**KOMU Missouri**](https://www.komu.com/abrightertomorrow/stress-during-pregnancy-may-harm-unborn-babys-brain-studies-find/article_9b4b5cda-38ad-11eb-8073-d304110a59a6.html), [**Insider**](https://www.insider.com/mom-stress-level-during-pregnancy-make-kids-age-faster-study-2020-12)and other news media.

**Selected Service and Other Professional Activities**

*National level*

2022 Study Section, NIMH T32 applications

2018 Study Section, NIMH T32 applications

2018 Ad hoc reviewer, MESH, NIH Study Section

2016- 2017 Fellows Committee, Society for Health Psychology, Division 38 of American Psychological Association

2014 External Reviewer, Psychology Honor’s Program

Arizona State University

2011, 2013 Member of T32 Review Panel, NICHD

2010, 2011 Special Reviewer, NIH Study Sections

2008-2010 Fellows Nominations Committee, Division 38 (Health Psychology) American Psychological Association

2008 –2009 Member of the Behavioral and Mental Health Workgroup, National Children’s Study (NCS), Los Angeles and Ventura Study Center (NSC-LAVSC). National Institute of Child Health and Human Development.

2006 Special Reviewer, NIMH Training Grants

2005-2007 Elected Member-at-Large, Division 38 (Health Psychology)

Board of Directors, American Psychological Association

2000-2002 Social Issues Dissertation Award Committee

Society for the Psychological Study of Social Issues

1999 Invited Conference Participant on “Social Context of Pregnancy Among African-American Women: Implications for Preterm Delivery Prevention” Sponsored by Centers for Disease Control and Prevention, Atlanta, Georgia. (April)

1999 Invited Expert to Centers for Disease Control and Prevention Workgroup on “Stress and Preterm Delivery” Atlanta, Georgia. (November)

1995 Invited Participant, MacArthur Foundation Planning Meeting, Reproductive Endocrinology

1994-1997 Member, Program Review Committee

Western Psychological Association (WPA)

1991 Invited Consultant and Discussant, NICHHD, Workshop on Infant Mortality

1990-1992 Member, Subcommittee for Membership Recruitment, Division 38, American Psychological Association

1987 Invited participant, United States Surgeon General's Workshop on Self-Help and Public Health

1986 Invited participant, NIH-National Heart, Lung & Blood Institute Conference on “Social Support and Cardiovascular Disease”

1985-1987 Long Range Planning Committee, Division 38 (Health Psychology), American Psychological Association

1984-1985 Program Chair, Division 38, American Psychological Association Annual Convention

1983 Nominated delegate, National Conference on Education and Training in Health Psychology, Arden House, Harriman, New York, May 23-27

*Selected University Servic****e***

2017- 2023 CoLeader and Founder, Engagewell, in Semel Healthy Campus Initiative

2021-2022 UCLA Faculty Representative, Systemwide Advisory Committee on the Status

of Women, University of California Office of the President

2019 Organizer, Semel Healthy Campus Initiative Conference on Resilience, Luskin Center, UCLA

2016 Chancellor’s Task Force on Campus Safety

2012-2015 Chair (2013-2015) & Member (2012-2013)

Honor’s Collegium Advisory Committee, UCLA

2012- 2013 Faculty Affiliate, UCLA Maternal Fetal Health Subcommittee

Center for Translational Science

2011-2013 Member, Committee on Academic Freedom, Academic Senate, UCLA

2009 - present Faculty Affiliate, California Center for Population Research, UCLA

2008 - present Faculty Affiliate, Center for the Study of Women, UCLA

2007-2015 Founding Chair, Health Psychology Program, Department of Psychology, UCLA

2009-2012 UCLA faculty advisor/participant, National Children’s Study

2007 Chair, Ad hoc Committee appointed by Dean of Social Sciences (Waugh), College of Arts & Science, Plan for UCLA SRC-Survey Research Center

2006-2012 Faculty Affiliate, UCLA Interdisciplinary Relationship Science Program (IRSP), National Science Foundation funded

2003-2012 Member, UCLA Center for Neurovisceral Sciences & Women’s Health (CNS/WH)

2002- present Associate Member, Cousins Center for Psychoneuroimmunology

UCLA Neuropsychiatric Institute

2002-2011 Faculty Member, UCLA Center for Integrative Medicine

(Formerly Mind Body Center)

2001 Program Co-Organizer with Traci Mann & Nancy Collins

University of California Intercampus Health Psychology Conference on “Social Contexts, Social Processes and Health,” Dec 1-3,

Lake Arrowhead Conference Center

2000-2010 Core Faculty Member, UCLA Center for Healthier Children, Families and Communities

1997-2000 Member, Committee on Honors, College of Letters & Science, UCLA

1997-2000 Faculty Associate, UCLA Center on Aging

1997-2000 Faculty Affiliate, Jonsson Comprehensive Cancer Center, UCLA

1995-2000 Chair, Social Psychology Program, UCLA

1994-1997 Faculty Advisory Committee

Institute for Social Science Research (ISSR), UCLA

1994-1996 UCLA AIDS Institute Review Panel

1993-1995 Member, Human Subjects Protection Committee, UCLA General Campus

1991-1996 Program Advisory Committee, UCLA School of Nursing,

NIMH Institutional Training Grant on Health Quality of Life

1989-1999 Program Faculty, NIMH Institutional Training Grant on AIDS/HIV Department of Sociology

1989-1994 Subject Matter Specialist, Cancer Information Service of California

1987-1990 Member, Psychosocial and Preventive Oncology Program

Jonsson Comprehensive Cancer Center

1984-2000 Faculty Affilate, Center for Study of Women, UCLA

1983-present Served as elected representative to Psychology Department Executive Committee (3 terms of 3 years each), Merit Review Committee (4 terms of 3 years each), and numerous appointed committees including TA Fellowship Committee, Graduate Studies Committee, Graduate Admissions Committee, Undergraduate Studies Committee, Graduate Awards Committee, and others.

1983-1984 Program Chair and Organizer, Third University of California Intercampus Health Psychology Conference, Lake Arrowhead, California, June 18-20

1983-1984 Chair, Subcommittee on Development

UCLA Women's Studies Advisory Committee

1983 Consultant to Cancer Telephone Counseling Volunteer Program, Jonsson Comprehensive Cancer Center, UCLA

*Consulting and Community Service*

2015-2018 Elected to Vestry (Board of Directors), St. Matthew’s Parish, Pac Palisades, CA

2011-2013 Board Member, Jubilee Foundation, Los Angeles

2006-2009 Advisory Committee Member, Preterm Birth Center, USC, Los Angeles

2005-2013 Member, Preterm Birth Community Planning Committee

Health African American Families (HAAF), South Los Angeles

2004-2008 Consultant, Biomarkers of Stress and Health for Los Angeles Families and

Neighborhoods Study (LAFANS) funded by National Institute of Environmental Health Sciences.

2004-2006 Consultant and Collaborator, Physiological mediators of racism effects on pregnancy outcomes, Larson Endowment Funded Project, University of Southern California.

2002-2005 Consultant, Healthy Birth Initiative, Los Angeles County Best Babies Collaborative (LABBC), LAC Children, Families First Proposition

2000-2010 Group leader, leadership training, and member of overseer board for

Emmaus Program, St. Matthew’s Parish, Pacific Palisades, CA

1999-2002 Trustee, New Visions Board of Directors, (Founded New Roads School)

Santa Monica, CA

1994 Consultant, MacArthur Foundation Research Network, Mind Body Interactions, Workshop on “Social Relationships and Health”

1993 Consultant, Los Angeles County Tobacco Control and Perinatal Outreach

1992-1999 Faculty Associate, NIMH Funded Mental Retardation Research Center, Human Subjects Core, University of California, Irvine

1990-1992 Board of Directors, Westside Women's Health Center, Santa Monica, CA

1990-1991 Consultant to NIDA sponsored research project

UCLA AIDS Nursing Network

1985 Paid consultant, National Cancer Institute funded research project

School of Nursing, University of Washington, Seattle

1979 Paid Consultant, National Cancer Institute

1977-1981 Facilitator of self-help emotional support groups for cancer patients and families, Chicago area

**Teaching Activities**

2007-2015 Founding Chair, Health Psychology PhD Major Area, UCLA Dept of Psychology

1995-2007 Responsible for oversight of the Health Psychology Minor, UCLA Psychology

1996- present Director, NIMH Training Program in Biobehavioral Issues in Mental

and Physical Health (T32 supporting pre and postdoctoral trainees), UCLA

1983- present Taught graduate and undergraduate courses including Honor’s College seminar on Stress and Coping (since 1995); Core graduate seminar in Health Psychology (1996-2012); Research Methods in Health Psychology graduate course (since 2011), undergraduate lab course on Research Methods in Social or in Health Psychology (since 2002); several other lecture and seminar courses in Psychology; served as mentor for many undergraduate research programs including departmental honors students, programs for diverse undergraduate students, summer pre-graduate preparation courses for students from other institutions.

1983- present Supervised more than 100 doctoral, masters and undergraduate honors projects primarily in Psychology, also in Public Health, Social Welfare and Nursing. Served as a committee member on more than 50 doctoral dissertation committees in Psychology, Public Health, and other departments and universities in U.S. and abroad. Many students awarded federal, university and departmental awards including NSF, Robert Wood Johnson, and other awards.

**Extramural Grants**

Biobehavioral Issues in Physical and Mental Health (Director and Principal Investigator), National Institute of Mental Health, Institutional Training Grant (T32), $1,243,760, 2021-2025 (Years 41 to 45)

Biobehavioral Issues in Physical and Mental Health (Director and Principal Investigator), National Institute of Mental Health, Institutional Training Grant (T32); $ 1,186,393 (2015-2020), $1,055,942 (2010-2015), $1,043,037 (2005-2010), $ 1,057,005 (2000-2005) and 1995-2000 (CoPrincipal Investigator).

Preconception and Prenatal Stress: Pathways to Child Biology and Behavior (Principal Investigator), National Institute of Child Health and Human Development (1R01), 2013-2018. $2,645,671 total direct.

Mechanisms and Effects of Perinatal Maternal Affect on Pregnancy and Infant Development (Joint Principal Investigator), National Institute of Health (1R01), 2013-2018. 595,303 total direct subK.

Preterm Birth Initiative (PTBi), (CoInvestigator) Discovery Subgroup, University of San Francisco, California, 2016 to 2018

The UCLA Stress and Resilience Assessment (SARA) Project (CoPrincipal Investigator; R. Bilder, PI), Bringing Theory to Practice, 2014-2015.

National Institute of Health, (SCORE grant), Impact of a Cognitive Behavioral Stress Management Intervention on Cortisol Regulation during Pregnancy (Co-Investigator & Mentor to Dr. Guido Urizar, PI), 2010-2013.

Los Angeles County Community Child Health Network (CCHN): Phase II. (CoPrincipal Investigator), National Institute of Child Health and Human Development (R01). 2007-2013. $2,640,536.00 total direct.

Los Angeles County Community Child Health Network (CCHN): Phase I (Planning). (CoInvestigator), National Institute of Child Health and Human Development, 2003-2006.

National Children's Study Los Angeles and Ventura Study Center -NCS-LAVSC (Faculty Affiliate, Member of Maternal Health Committee, Member of Behavioral and Mental Health Workgroup), National Institute of Child Health and Human Development, 2007-2011

A Two-tiered, Faith-based Education and Support Intervention to Promote Healthy African American Pregnancy (CoPrincipal Investigator), March of Dimes, 2007-2009. $25,000 direct costs (2008-2009).

Pregnancy Influences: Environmental Sensitivity (CoInvestigator), National Institute of Child Health and Human Development, 2001-2006. =$8996 (at UCLA)

Stress and Birth Outcomes (CoPrincipal Investigator), National Institute of Child Health and Human Development (RO1), 1993-1996, 1997-2002 (continuation).

Stress Determinants of Low Birth Weight and Preterm Birth (CoPrincipal Investigator), National Center for Child Health and Human Development (R01), 1992-1996. $339,623 (1992-1996).

Cystic Fibrosis Mutation Screening and Counseling (CoInvestigator), National Center for Child Health and Human Development (R01), 1991-1995.

Mediators of Birth Outcome among Three Low-Income Ethnic Groups, (CoPrincipal Investigator), National Center for Health Services Research (R01), August 1987 - July 1990.

Psychosocial Factors in Prematurity and its Prevention, (Principal Investigator), March of Dimes, 1984-1986.

Social and Interactional Aspects of Stress, Coping, and Adaptation, NIMH Individual National Research Service Award (NRSA), 1982-1986.

Social and Interactional Aspects of Coping with Life Stress, National Science Foundation Postdoctoral Fellowship, 1981-1982.

**Selected Intramural Grants**

Multi-Pronged Initiatives to Address URM Faculty Retention and Climate (Principal Investigator) UC

Office of President Advancing Faculty Diversity program. 2021-2024. $250,000

Trial of a Mindfulness-Based Stress Reduction Intervention during Pregnancy (Principal Investigator), UCLA Center for the Study of Women and Faculty Research Grant, 2009-2010.

Romantic Relationships and Skin Healing (Principal Investigator), Academic Senate Grant, 2007-2008

Cultural Orientation in African American Pregnancies (Principal Investigator), Council on Research, Academic Senate Grant, 2004-2005.

Psychophysiological Responses in Pregnancy (Principal Investigator), Bettingen Endowment Fund through Cousins Center at UCLA, 2003-2004.